

# BROOKS BEHAVIORAL HEALTH CENTER NEWSLETTER

VOLUME 1 / ISSUE 1

## EMPLOYEE OF THE MONTH

Congratulations to July's employee of the month, Al Carrillo!

Al has been employed with Brooks Behavioral Health for the past 2 years. He has served in several roles during his employment and is currently working in our transportation department. Al goes out of his way to get to know our clients and ensures they receive the best treatment possible.



*Brooks Behavioral Health Center LLC*

Our Mission: Brooks Behavioral Health Center was established with the belief that all children, adolescents and adults should have access to quality mental health treatment.

Our Vision: To promote behavioral and mental wellness within our community by providing individualized mental health services that are accessible to all.

We are located at 3550 W. Cheyenne #130  
Phone (702) 570-5200 Fax (702) 570-5201

[www.brooksbhcnv.com](http://www.brooksbhcnv.com)

## OUR SERVICES

We are proud to offer a multitude of services including mental health and substance abuse treatment to meet every client's need, both in the office and the home. Please contact us at (702) 570-5200 to schedule an assessment today!

- Case Management
- Child, Adolescent and Adult Intensive Outpatient Programming
- Individual and Family Therapy
- Neurofeedback
- Probation and Parole Assessments and Recommendations
- Psychiatric Assessments and Medication Management
- Psychosocial Rehabilitation and Basic Skills Training
- Substance Abuse Assessments and Treatment
- Substance Abuse Intensive Outpatient Programming
- Women's Support Group

---

*We are excited to announce transportation services are available to all clients who receive services with Brooks!*

---

## GROW CORPORATION

GROW Corporation is a grant funded organization which was developed to help youth ages 15-20 years old who are getting ready to transition into adulthood regardless of insurance coverage. Youth participating in GROW must be SED/SMI and willing to actively participate throughout the 3 month program. While attending GROW, the youth will engage in active learning with an emphasis on math, reading and comprehension, job readiness, social competency, and participate in weekly group activities. Incentives are offered throughout the program targeting the needs of the group including make-overs, hygiene kits, obtaining a state ID, etc. Following GROW, the youth will be linked to Wraparound Nevada (WIN) services and may continue to attend group weekly to ensure mastery of learned skills. If you would like additional information, or to refer a youth please contact Ms. Lori at [Lori@brooksbhcnv.com](mailto:Lori@brooksbhcnv.com).

---

*Brooks Currently Accepts the Following Insurance Plans: Aetna, Medicaid FFS, Medicare, Mines & Associates, PPO Plans, Silver Summit and Cash Pay*

---

# JULY 2017 ADULT IOP SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ms. Lori/ Therapist  BBQ: Social Skills Building Group	4  Independence Day We will be closed	5 Ms. Lori/ Therapist  Women's Group	6 Ms. Ali/ Therapist  Family and Support Systems	7 Ms. Lori/ Therapist  Problem Solving
10 Ms. Lori/ Therapist  Overview of Depression	11 Ms. Lori/ Therapist  Problem Solving	12 Ms. Lori/ Therapist  Women's Group	13 Ms. Ali/ Therapist  Family and Support Systems	14 Ms. Lori/ Therapist  Problem Solving
17 Ms. Lori/ Therapist  Behavioral Strategies for Managing Depression	18 Ms. Lori/ Therapist  Opioids: Effects of Opioids	19 Ms. Lori/ Therapist  Women's Group	20 Ms. Ali/ Therapist  Family and Support Systems	21 Ms. Lori/ Therapist  Opioids: Effects of Opioids
24 Ms. Lori/ Therapist  The Thinking Feeling Connection	25 Ms. Lori/ Therapist  12 Step Groups	26 Ms. Lori/ Therapist  Women's Group	27 Ms. Ali/ Therapist  Family and Support Systems	28 Ms. Lori/ Therapist  12 Step Groups
31 Ms. Lori/ Therapist  The ABC Analysis (Thought Diary)				

## JULY'S CURRICULUM OVERVIEW

**Mental Health IOP:** This month in Ms. Lori's group, clients will discuss what causes depression and behavioral activation to manage depression. Clients will begin thought diaries to review their achievements throughout the month.

**Substance Abuse IOP:** This month in Ms. Lori's group, clients will anonymously share their struggles with the group for discussion as well as discuss the effects of opioids and the pros and cons of 12 step groups.

**Women's Group:** Women will be given the opportunity to discuss their choice of topics and receive the support from other women.

**Mental Health IOP:** This month in Ms. Ali's group, clients will discuss finding support systems within the family.